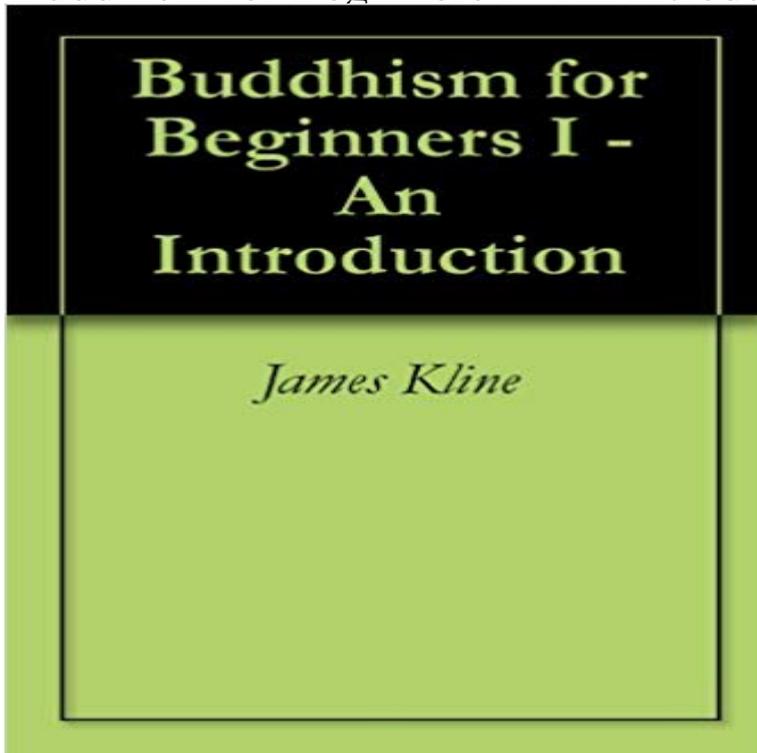


## Buddhism for Beginners I - An Introduction



BUDDHISM FOR BEGINNERS is a series of five short treatises on the core elements of Buddhist thought and practice. They are written in a style and language that is simple and straightforward so as to be easily understandable to those who are unfamiliar with Buddhism but wish to learn its basic ideas. They are published separately so that readers can choose only those they wish to read with minimal expense. It is recommended that most readers start with the first essay and select additional essays based on their interests and needs. James A. Kline is a Colorado Licensed Psychologist with nearly 40 years of experience in the study of Buddhist teachings. After graduating from the University of Colorado, Boulder in 1969 he moved to Northern California and soon became a professor of psychology at California State University, Chico. It was in Chico that he first became interested in Zen and began his study of Buddhism with a teacher from nearby Shasta Abbey. Since that time he has read extensively in the area of Buddhist thought and has written three books on Eastern Psychology. He is now retired and living in Southwest Colorado

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