

52 Natural Remedies For Painful Gout: Home Remedies Wisdom Volume 3



When he has a gout outbreak, my friend Todd climbs his staircase on his KNEES! His toes and feet are so excruciatingly painful that he uses crutches on flat surfaces but obviously crutches are dangerous on stairs. The pain must be unimaginable for a grown man to be reduced to crawling like a baby. Standard treatment for gout is almost always drugs to prevent the outbreak of out-of-control misery like Todds. But no one will disagree that every drug has side effects and many folks today want to avoid them. The good news is that here are 52 natural home remedies that gout sufferers can use to avoid crawling up stairs and other such hideous pain. Most of the remedies are certainly in your kitchen or bathroom right now. They are inexpensive and cant possibly harm anyone. However, they might be the difference between continued pain - and freedom. Preface Introduction Chapter 1: What Gout Is And Why You Have It Chapter 2: Who Gets Gout? Chapter 3: Gout Yesterday and Gout Today Chapter 4: Types of Gout Chapter 5: Recognizing the Signs of Gout Chapter 6: The Diagnosis of Gout Chapter 7: Standard Medical Treatment Chapter 8: 52 Natural Remedies For Gout Gout Glossary

Im sorry to say it, but Todd refuses to make the lifestyle changes to stop suffering from this horrible disease. But just because hes so foolish doesnt mean that YOU have to do the same. In fact, you can take charge of your gout starting today. Mother Nature has her fingers crossed.

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