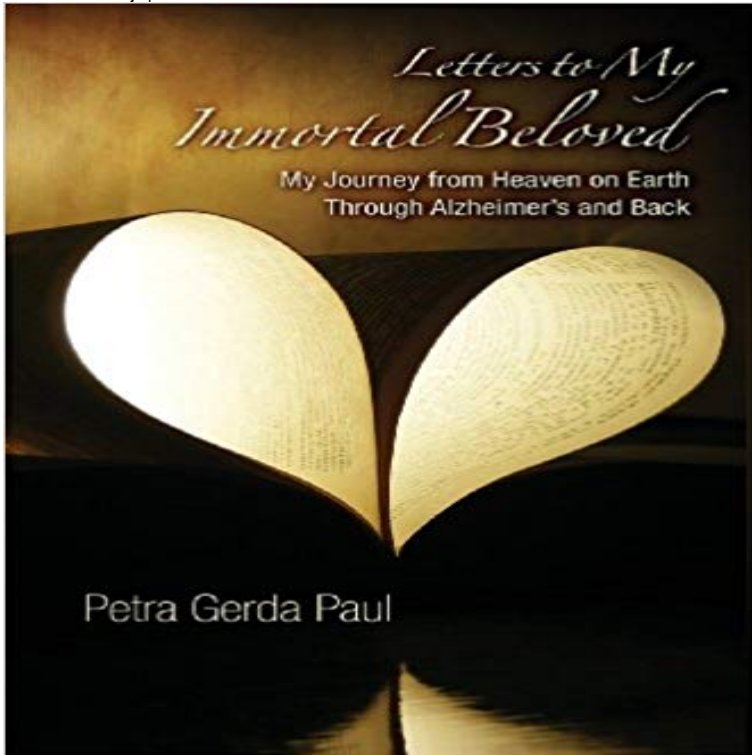


## Letters to My Immortal Beloved: My Journey from Heaven on Earth Through Alzheimers and Back



Having been a seeker of higher understanding of life, truth, and love since childhood, Petra Gerda Paul's many insights of spirituality have helped her in this human experience, have brought her the joy of finding true love, and have guided her through the tribulations of Alzheimers caregiving. Letters to My Immortal Beloved is an uplifting, beautiful love story of struggle and resurrection of spirit. Some only dream of having a love this close. Reading Petras Letters to Beto is like finding a diary and wanting to search for the owner, to meet and ask questions of such a strong, loving, and wise person.

**ENDORSEMENTS:** Nothing can fully describe the pain and the loss suffered by a person who is taking care of a loved one who has succumbed to the awful ravages of Alzheimers. Yet there is a way to mitigate that pain, through a rich and deep understanding of the disease itself. One can acquire such an understanding from clinical reports and academic treatises on the subject--but no one can explain it quite like someone who has lived with the disease and watched it affect a dearly loved other. Petra Gerda Paul is such a person--and she found a remarkable way to heal herself from the trauma of taking care of her beloved husband through years of his struggle with this disease. Bravely looking at all of her experiences, she has created this account, which may give new understanding--and therefore an easier path--for other Alzheimers caregivers., I am grateful to Petra for her contribution to a field where clarification and more experiential insights are badly needed. ~ Neale Donald Walsch, author of Conversations with God; In Letters to My Immortal Beloved, Petra Paul has captured the essence of what it is to be a caregiver for a loved one who has Alzheimers disease; I know, I went through it with my mother. This book--tiny, but mighty--is more than a journal, more than a collection

of love letters, it is a testament to love, commitment, strength, and faith. I hope everyone dealing with the impact that Alzheimers has on the lives of everyone involved will have the opportunity to read this, to gather strength and comfort from it, and--most of all--to know that YES, they will come through it to the other side. Thank you, Petra, for this testament to the power of love. ~ Rev. Susan Overland, Assistant Minister, Center for Spiritual Living, San Jose, CA; Reading Petras book shows me that its never too late to meet your soul mate, and that love gives us the strength to survive even an ordeal like Alzheimers disease caregiving. Petras husband was cared for in our Memory Care Community in his final days. ~ Scott Evans, Executive Director, San Carlos Elms

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