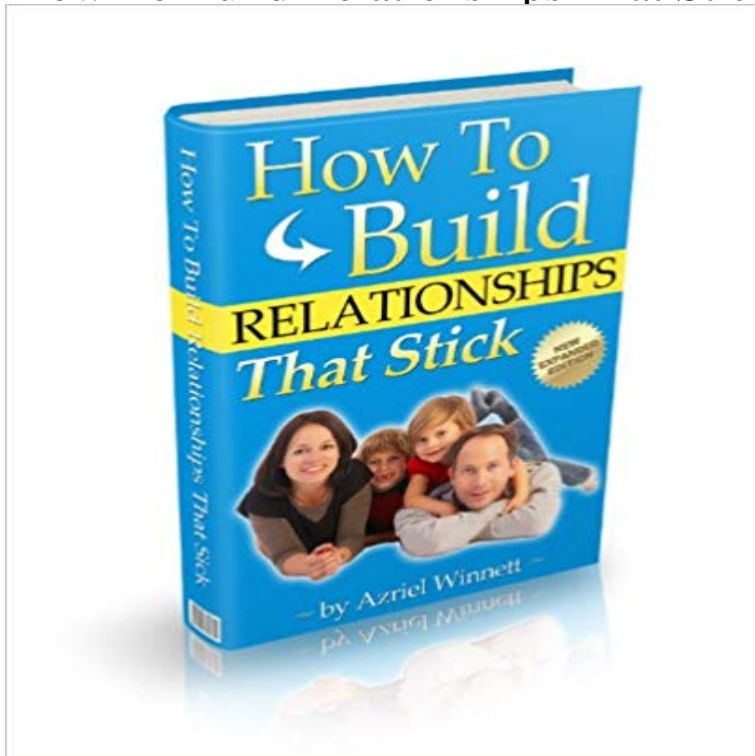


## How To Build Relationships That Stick



There are surely very few people, (if any at all), whose quality of life will not be improved through fine-tuning their personal relationship skills. But particularly, you need How to Build Relationships That Stick if you recognize yourself in one or more of the following scenarios: \* You are stuck in a shaky, conflict-ridden marriage that most of the time seems nothing but a nightmare. \* At work, you're working as a member of a team on an important project, but your colleagues ignore all your good ideas, and sometimes at meetings even forget that you're present. \* Your teenage children don't seem to understand that you love them and only want what's good for them. \* You have a friend who always picks an argument whenever you start what you intend to be a pleasant conversation. \* Your spouse has a good heart but can't control his or her temper. \* You have a snooty neighbor who, much to your chagrin, always gives you the cold shoulder when you bump into each other in the street. \* You try to comfort a friend in distress, but you can't understand why he takes everything you say the wrong way. \* You do for them. \* You find it hard to say no to anyone who asks a favor from you. \* You'd love to make friends with that stranger you sometimes see at the bus stop, but you don't know how to take that first step. Unfortunately, the way many people perceive relationships is great for romantic novels, but has little to do with real life. They enter into serious relationships such as marriage with little preparation or even basic knowledge of what to expect. Then, when the inevitable disillusionment sets in, they may be so overcome with doubt or anxiety, that they act and react in inappropriate, self-defeating ways. All this could have been avoided with the right preparation. And it's not only marriage. In this book, we talk about all kinds of relationships -- marriage, interaction

between members of a family, ordinary friendships, and even your relationship with business and workplace colleagues and associates! However badly you've been burned in the past, it's never too late to begin anew! With the right knowledge and the right attitudes, you'll not only improve the quality of your life, but also those of your relationship partners! new, expanded edition of a popular e-book that has already changed the lives of many since it was first published several years ago. The new version contains many new insights and practical tips, and is spiced with entertaining stories, many of them true, to illustrate important principles. The book is written in a friendly, highly readable style and each chapter concludes with practical exercises to help the reader apply the relevant concepts in everyday life. This is what conflict resolution expert Gary Harper says about this book: Azriel is internationally recognized as a leader in the field of interpersonal communications originally through his Hodu website and now with his newly released e-book. He offers practical insights into this important topic in a way that is readable and engaging. His blend of anecdotes, humor and exercises allow readers to reflect on how his concepts relate to their own lives. Highly recommended. And this is what another authority, Lillian D Bjorseth, writes: Effective communication is the glue that holds relationships together. It's a process with myriad parts, all of which are important. This is an awesome task for each of us. Thank goodness for Azriel Winnett! He takes the process apart and shares in a wonderfully easy and entertaining way how to improve the minute and the major components to end up with the answer we are all seeking: effective work and personal relationships.

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