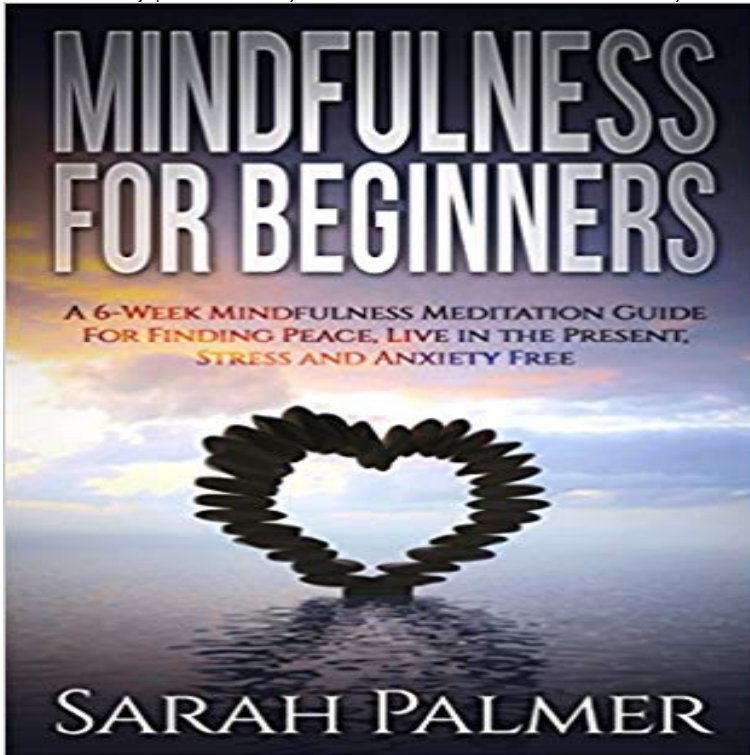


# MINDFULNESS FOR BEGINNERS: A 6-Week Meditation Guide For Finding Peace, Live in the Present, Stress and Anxiety Free



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