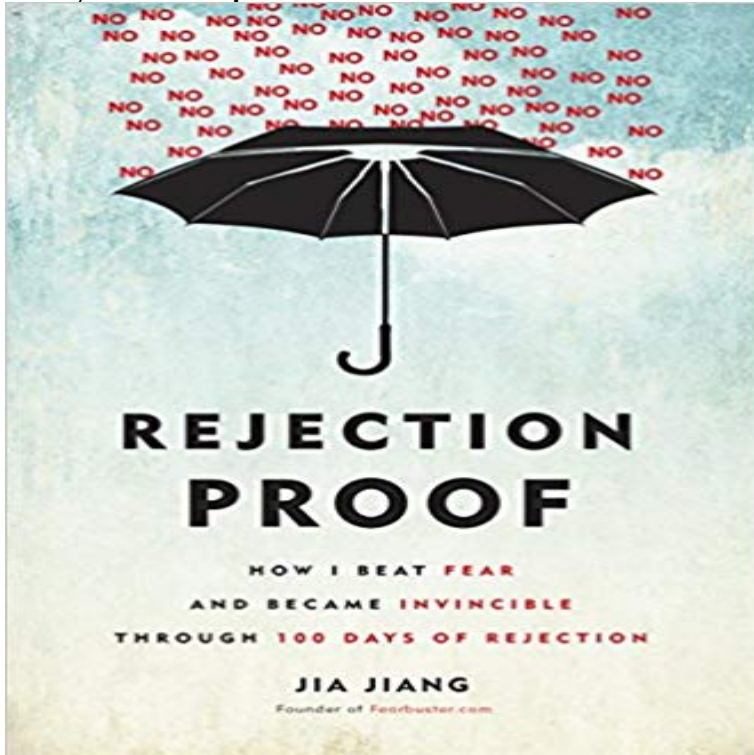


Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection



An entertaining and inspiring account of conquering his fear of rejection, offering a completely new perspective on how to turn a no into a yes. Jia Jiang came to the United States with the dream of being the next Bill Gates. But despite early success in the corporate world, his first attempt to pursue his entrepreneurial dream ended in rejection. Jia was crushed, and spiraled into a period of deep self doubt. But he realized that his fear of rejection was a bigger obstacle than any single rejection would ever be, and he needed to find a way to cope with being told no without letting it destroy him. Thus was born his 100 days of rejection experiment, during which he willfully sought rejection on a daily basis--from requesting a lesson in sales from a car salesman (no) to asking a flight attendant if he could make an announcement on the loud speaker (yes) to his famous request to get Krispy Kreme doughnuts in the shape of Olympic rings (yes, with a viral video to prove it). Jia learned that even the most preposterous wish may be granted if you ask in the right way, and shares the secret of successful asking, how to pick targets, and how to tell when an initial no can be converted into something positive. But more important, he learned techniques for steeling himself against rejection and ways to develop his own confidence--a plan that cant be derailed by a single setback. Filled with great stories and valuable insight, Rejection Proof is a fun and thoughtful examination of how to overcome fear and dare to live more boldly. From the Hardcover edition.

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Written by: Jia Jiang Narrated by: Mike Chamberlain Length: 6 hrs and **Jia Jiang: What I learned from 100 days of rejection TED Talk TED** **Rejection Proof: How I Beat Fear and Became Invincible Through** Editorial Reviews. Review. Rejection Proof smashes fear in the face with a one-two punch. Rejection Proof: How I Beat Fear and Became Invincible Through 100 Days of Rejection - Kindle edition by Jia Jiang. Download it once and read it **Rejection Proof: How I Beat Fear and Became Invincible, One** Rejection Proof: 100 Days of Rejection, or How to Ask Anything of Anyone at It tells the guys struggle and journey through rejection. . It starts out like that but later on it becomes more of a self help book because conclusions are . 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